

## EVENT SCHEDULE (printable version)

### 2010 Napa-to-Sonoma Wine Country Half Marathon

#### Friday July 16<sup>th</sup>

**5:00 to 8:00pm - VIP early packet pickup at Sports Basement in San Francisco** (Presidio store). Must sign up and pay for VIP packet pickup online to attend. Wine & cheese reception included.

**6:00 to 7:45pm - Welcome reception at Cuvaison Carneros Winery.** Wine tasting, appetizers in beautiful setting overlooking start area. **Must be registered.**

#### Saturday July 17<sup>th</sup>

**10:00am to 6:00pm - Race Expo at Cornerstone Gardens in Sonoma.** Packet Pickup, exhibits, products sampling, garden tours, wine tasting and seminars. Packet pickup open until 7:00pm.

##### Expo Seminar Schedule

**1:00pm to 1:45pm - "Insiders guide to the Napa-to-Sonoma Wine Country Half Marathon course".** Presented by local elite runner Janet Cain and race director Matt Dockstader.

**2:00pm to 2:45pm - "How to find the right running shoe for you!"** Presented by Greg Struland of Napa Running Company.

**3:00pm to 3:45pm – "See Dane Run"** Presented by author and endurance runner Dane Rauschenberg. Dane ran 52 consecutive weekend marathons in 2006 and completed the 202-mile American Odyssey Relay by himself this past April. Dane will be signing copies of his book, **See Dane Run**, and speaking about his training methods and long distance running endeavors.

**6:45pm - 8:30pm - Race Dinner in the Pavilion at Cornerstone Gardens.** Healthy gourmet pasta dinner prepared by Alex's catering. Includes wine, appetizers and emcees; announcer Whit Raymond and author Dane Rauschenberg. Limited to 80 guests. **Must be registered.**

#### Sunday July 18<sup>th</sup>

**5:10 to 6:20am - Bus transportation to start area from Sonoma and Napa**

**7:00am - RACE START** at Cuvaison Carneros Winery at 1221 Duhig Rd in Napa

**10:20am - Awards Ceremony** in Sonoma Plaza

**9:15am to Noon - Wine & Music Festival** in Sonoma Plaza

**10:00am to 12:15pm - Bus transportation return trips to Napa and Santa Rosa** for CCFA participants

**2:30 to 5:30pm – VIP wine tasting tour in Sonoma (3 wineries).** Inquire at Jennifer@destinationraces.com